

Women's Intuition Class

Simple tools to reconnect with yourself



Introductory workshop by Emma & Christina

Leave feeling empowered, relaxed and inspired!

When: Sunday June 27th, 9.00am - 12.30pm

Where: 3rd Floor, The Core Inn, 134 McPhillips Avenue (corner with Jackson)

Admin: \$49 or \$89 for you & a friend. Early bird just \$39 until Fri June 18th
Number of attendees limited to keep it personal so register early to guarantee your spot!

****The first 5 people to register also receive a free numerology report****

Registration: For more information/to register, call **Christina** at 537-8428 or register & pay online on the **Events Page** at http://www.simplicitylifecoaching.com/upcoming_events

Bring: Yourself and a notebook or your journal if you have one

Also included: Mid-morning tea & snack, handouts

How to know if this class is for you?

Does the idea of combining friendship, inspiration and re-connecting with your inner self sound good? Then this workshop is for you!

- ✿ A sacred space for you to connect and share with fellow women
- ✿ Enlightening and inspiring tools and insights
- ✿ Exercises to self-reflect and re-connect with the real, authentic you
- ✿ Meditation and visualization to help you relax, de-stress and become more grounded in who you are
- ✿ Simple tools for you to take away and use in everyday life
- ✿ Identify positive personal affirmations to nurture and cherish your inner self

How the workshop unfolds:

- ✿ Welcome and connecting
- ✿ Opening meditation and contemplation exercise
- ✿ Break & refreshments
- ✿ Meditation and Intuitive tools with a focus on energy and auras
- ✿ Create your own affirmation card to take away
- ✿ Wrap-up, sharing and flower draw



CLAIRVOYANT
COMMUNICATION

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